



**2018**

**ANNUAL REPORT**



**lotus outreach**  
INTERNATIONAL

Our mission is to empower vulnerable women and children living in poverty. With affiliates in six countries and local NGO partners in India and Cambodia, we are a global community that believes empowerment is the heart of sustainable change.

# INTRO

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# A LETTER FROM OUR FOUNDER

THIS YEAR LOTUS OUTREACH International is celebrating 25 years of service. Although I am supposedly its chair, I have to say at the start that all the achievements and successes of Lotus Outreach are entirely due to the outstanding work of our volunteers and donors. Still, I am moved on this 25th anniversary to tell you a bit of our history – where we started and where we’ve come.

What began as a small project aiding Tibetan refugees in 1993 has expanded to be an international organization with affiliates in North America, Europe, Asia, and Australia dedicated to helping some of the most forgotten, neglected, and suffering groups on this earth. Through transforming the lives of individuals, our programs transform communities in ways that reverberate for generations.

Here are a few examples:

In Haryana, India, we have seen real change in the education sector, and in the increased willingness of parents to send girls to school. Lotus Outreach is now recognized nationally and internationally for its work in the fight against gender discrimination. Girls who never had the opportunity are now going to school.

In Mewat, Haryana, and in Rajasthan, Lotus Outreach provides daily, safe transportation to girls and women who could otherwise not go to school. Without this safe transport, these girls would face early marriages, and rigid social restrictions. After many years of riding our bus, many young women are



at the university level, and even pursuing masters degrees.

In Rajasthan, we train health workers and teach good nutrition practices to prenatal and postnatal mothers who know too well the devastating fact that one third of all the world’s malnourished children live in India. In Tamil Nadu, we tutor the lowest caste child laborers so that they can stay in school instead of being forced to work in dire conditions.

In Cambodia, two thirds of children receive only an elementary school education. Young, poorly educated girls of

families living in poverty are highly vulnerable to trafficking and many forms of exploitation. It is heartwarming to reflect that we have provided post abuse counseling to more than 1,000 victims of trafficking and sexual abuse since 2005.

Lotus Outreach has protected thousands of girls from the poorest families through its education and professional skills training programs.

The education, counseling and rehabilitation Lotus Outreach provides across Cambodia, transforms the lives of young girls and women who otherwise face lives in brothels, beer gardens, massage parlours, or working their entire lives in the fields.

Bright young women return to their communities with a passion to improve them. Statistically, 90% of young women’s earnings go towards their families and communities. Our investment in girls and womens’ education, health, and wellbeing thus nourishes communities. Students served by our projects receive education they would never have dreamed possible.

At the most practical level, Lotus Outreach’s Wells Project in Cambodia provides access to clean drinking water so villagers no longer have to walk long distances to get murky, disease-

bearing water. They now have clear water at their doorstep and can bathe, shower, and drink without concern.

## WHAT BEGAN AS A SMALL PROJECT AIDING TIBETAN REFUGEES IN 1993 HAS EXPANDED TO BE AN INTERNATIONAL ORGANIZATION

I have worked closely with our Lotus Outreach volunteers working in both India and Cambodia and visited Lotus Outreach programs there and plan to do so again soon. In this age of confusion and aggression, it is inspiring that we can do at least something to relieve at least some of the world’s suffering.

I want to thank Lotus Outreach’s volunteers and staff whose dedication ensures the success of these projects on the ground. And I particularly want to thank the donors for their ongoing support that has made 25 years of creative, strategic, and thoughtful work possible.

I want to take this 25th anniversary opportunity to aspire for Lotus Outreach’s continued success to serve the needs of present and future generations.

**Khyentse Norbu**  
**Founder and**  
**Chair of the Board of Directors**

# A LETTER FROM OUR EXECUTIVE DIRECTOR



**ONE BILLION** CHILDREN LIVE IN POVERTY WORLDWIDE THAT IS **1 in 8** KIDS



**FOR 25 YEARS, LOTUS OUTREACH HAS PASSIONATELY PURSUED SOLUTIONS THAT EMPOWER WOMEN AND CHILDREN IN SOME OF THE MOST IMPOVERISHED COMMUNITIES OF INDIA AND CAMBODIA.**

IN THIS REPORT YOU'LL FIND OUT PLENTY about what we do and how we've done it during these last 25 years. I've been with Lotus Outreach for more than 20 of those years. I've seen countless faces, villages, and young people eager to make something of their lives, if only given a chance, an opportunity.

**WOW,  
25 YEARS!!  
WHAT A  
JOURNEY!**

We have created so much positive change in the lives of people, in collaboration with trusted partners and support. The opportunity we provide girls and women in need adds more value to society than any other kind of development activity.

In 2005, I was out in the streets of Phnom Penh with Mu Sochua, Cambodia's Minister for Women's affairs at the time. She took me to a park where she introduced me to a young prostitute working there. She told me, "she is only selling herself in this park for lack of opportunity." Within months of that encounter we launched a broad based education and support program for red light district workers.

Over the years our approach and diverse programs have matured and flourished. In 2018 we dug deep to find language that communicates our mission, belief, and strategies to help celebrate how Lotus Outreach uniquely effects change. Our commitment to the empowerment of the most vulnerable is the thread throughout all



our efforts. To achieve this, our programs provide access to education, training, and care, including access to essential health services and basic necessities like clean and drinkable water.

The fruits of our long-term effort are evident in the success stories of hundreds of young women we have supported through their most challenging moments of poverty; to get through school, high school, university, and finally into a well-paid vocation. For each of our programs operating in 2018, you will find impact metrics that attempt the impossible task of quantifying the long-lasting and pervasive influence of this empowerment.

One of the great pleasures of my role is to meet recipients first hand and hear about their challenges, successes, hopes and dreams. During every meeting there is great joy, laughter, and teary eyes of appreciation. It is an honor to witness how they and their families expend effort to pull themselves out of the gravity of poverty.

We invite you to savor a taste of this wonderful work in this report. Thank you so very much for your interest, support, and partnership.



Glenn Fawcett  
Executive Director

# A LETTER FROM OUR PRESIDENT

I AM GRATEFUL TO ADDRESS the Lotus Outreach community in our 25th year. As I reflect on our progress and consider the vast web of support that makes possible our programs in India and Cambodia, I am very moved. Together, we are helping to alleviate suffering among women and children living in poverty, educating them, and giving them tools to become leaders in their communities.

I am often asked, “why women and children?” and in particular, “why women over men?” When I first started my work with Lotus Outreach, I will admit, that the answer was not always clear. While I understood that, “when you empower a girl, you transform a community,” I did not yet have the experience to witness the profound reality of this. After many years, I have gained the experience to see

first hand the ways educating and supporting women creates ripple effects in their communities. I am continually inspired to hear of new ways this is happening.

Take our Blossom Bus program in India for example. The program provides safe and efficient passage for girls from rural villages to local schools. In the region we work in Haryana,



India women are expected to bear children very young and marry. After ten years of our Blossom Bus program girls and young women’s attendance in school has sky-rocketed in the area. These young women become more mature mothers, raise healthier and educated children, earn higher incomes, and suffer less risk of domestic violence. In these traditional communities, women are in the unique position of being caretakers of their children and families. When they are educated, they create a safer, more balanced, and stable culture at home.

Girls Access To Education (GATE) in Cambodia has ensured

education for over one thousand girls from the poorest of the poor families, and had wide ranging impact. In Phnom Penh or Siem Reap girls are at much greater risk than boys to be denied education. Not only that, but because sex-trafficking and exploitation is so prevalent in these regions, our program serves as a crucial stepping stone to protect them from being lured into this work. As we protect women we, again, support the evolution of young women who contribute to their communities, advocate for progress, and raise healthy and socially aware children.

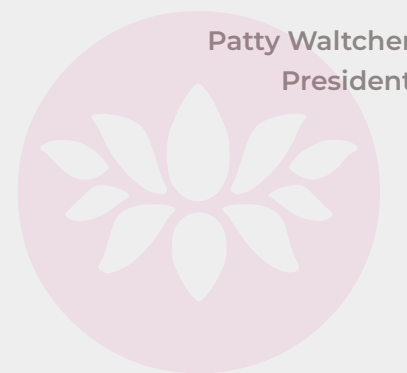
Educated girls mean educated future generations. Beneficiaries of our programs are shifting the social paradigms in their communities, where patriarchy is the norm, and inspiring genuine sustainable change. I am so grateful to be on this journey

**EDUCATED GIRLS  
MEAN EDUCATED  
FUTURE  
GENERATIONS.**

with you, in making such life altering change for them. From the bottom of my heart, thank you for your support. I can assure you the women we support are hungry for education, for change, for more rights, for more opportunity. Let’s celebrate another year of positive change, and continue to help them drop bigger and bigger stones into their own ponds while ever expanding ripples radiate out from their exertion.



Patty Waltcher  
President

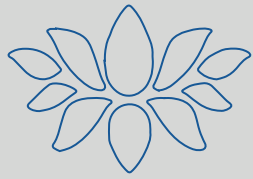




**WHY GIRLS?**

**When you empower a girl, you transform a community.**





1993: Lotus is born as White Lotus in Bir, Himachel Pradesh, India.

1993 – 1996: Monastics manage a Tibetan refugee scholarship program.

1997: Glenn joins White Lotus as a volunteer.

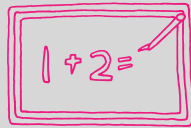
1997 – 2003: Lotus begins in Tibetan refugee schools and with local communities to provide computers, training for young Tibetans, teachers, and community officers. Libraries, playgrounds, costumes, and musical instruments are provided to enrich local performing arts for students.

2001 – 2005: Lotus Outreach serves street children in New Delhi with education, healthcare, residential care, and skills training. Learning centers are established in slums and resettlement areas of New Delhi.

19 93

19 97

2002: Lotus Outreach International registers as a 501(3) C nonprofit in California.



2002: Buddha Smiles established.

2002: Garden of Peace established.

20 02



2004 – 2007: The first partner programs in Cambodia are established.

2005: Consoling through Counseling and Reintegration (CTC) established.

20 04



2005: Right to Education platform established in New Delhi.



2005: Safe Migration and Reduction of Trafficking (SMART).



2007 – 2008: Lotus Outreach Cambodia is established. Raksmei Var joins Lotus Outreach Cambodia (LOCAM) as country representative.

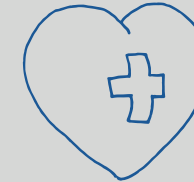
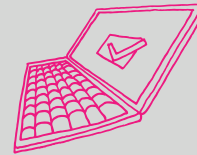
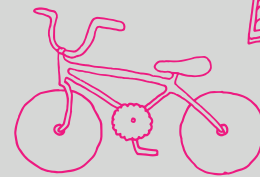
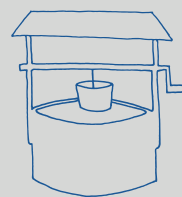
2007: GATE (Girls Access to Education) established.

2007: Getting Well established.

2007: Rice 4 Education established.

2007 – 2015: Suraj Kumar joins LOI and implements hugely successful Lotus Education as a Right Networking (LEARN) program.

20 07



2009: Lotus Pedals established.

2010: Blossom Bus established.

20 09



2013: GATEWays established for the education and employment of GATE highschool graduates.

20 13

2013: Skills Training for Employment (STEP) established.

2015: CATALYST established.

2016: Buddha Smiles to College established.

20 15



2017: ASHA established.  
2017: Education Quality Addition (EQU+) established.

20 17

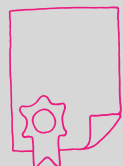


2018: Additional EQU+ after school centers open in New Delhi.

20 18

2019: 23 additional EQU+ after school centers are added in New Delhi. Blossom Bus doubles its riders (300 more seats provided with new grant support!)

20 19





# INTRO TO PROGRAMS

Breaking down barriers to empowerment:

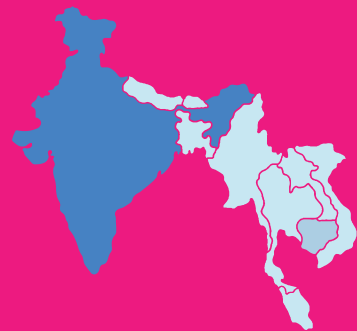
Giving a scholarship is of no benefit if girls cannot reach school and while families are hungry, they may send girls to work instead of school. We provide transport where it can help and rice support

where it will maintain families' commitments to their girls' education. Solutions align with local governance objectives and adapt in conversation with communities.

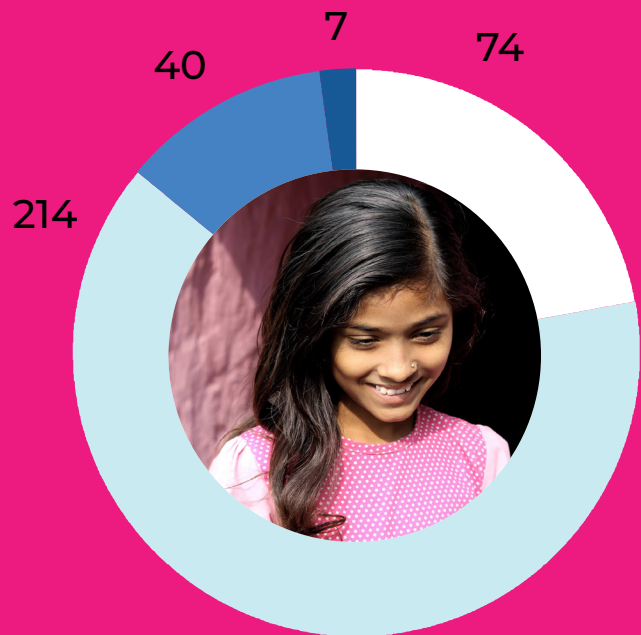
It's time for her to go to school!

EDUCATION & TRAINING  
CARE





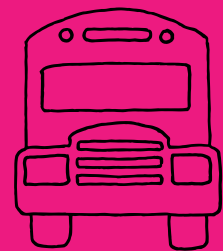
*Blossom Bus* provides daily transportation to and from school for adolescent minority-community girls who live way too far from the nearest secondary school or college to walk each day.



■ JR. HIGH ■ HIGH SCHOOL ■ COLLEGE ■ GRADUATE SCHOOL

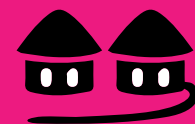
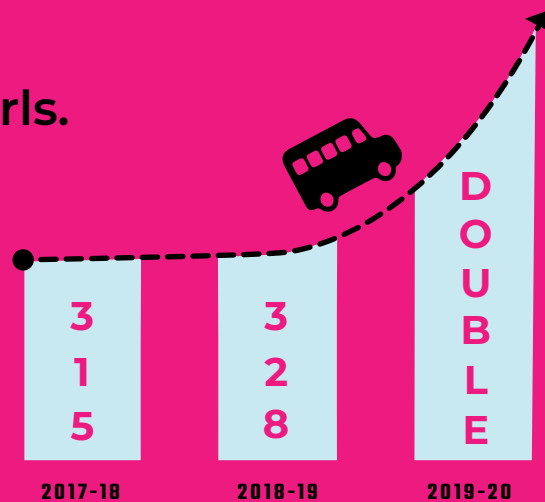
To date, Blossom Bus had served

**1138** girls.

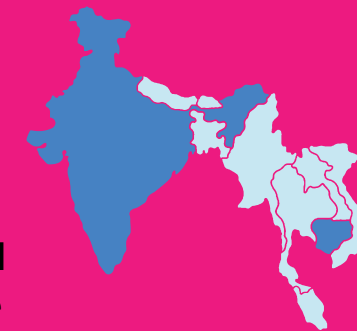


IN 2019, BLOSSOM BUS WILL EXPAND TO TRANSPORT **600 GIRLS** NEARLY DOUBLING OUR RIDER NUMBERS.

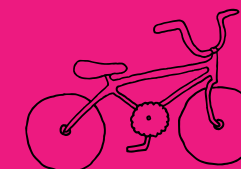
## BLOSSOM BUS



## LOTUS PEDALS



*Lotus Pedals* provides heavy terrain bicycles to girls living in rural India and Cambodia that would otherwise not be able to traverse the distances to the nearest school.



**428 BIKES**

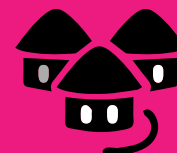
WERE DISTRIBUTED IN 2018 AND A 50% PROGRAM INCREASE IS PLANNED FOR 2019

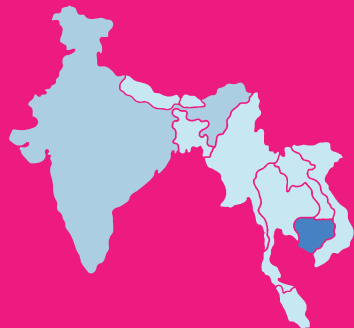
To date, **2695** bikes have been distributed.

Find out more about how you can support this program by joining the

**1,000 BIKES CAMPAIGN:**

[LOTUSOUTREACH.ORG/1000BIKESCAMPAIGN](http://LOTUSOUTREACH.ORG/1000BIKESCAMPAIGN)





**111**  
RECEIVED RICE SUPPORT



**78**  
RECEIVED A BIKE



**45**  
ADMITTED TO CATALYST



# CATALYST

CAMBODIAN TERTIARY EDUCATION + YOUTH TRAINING

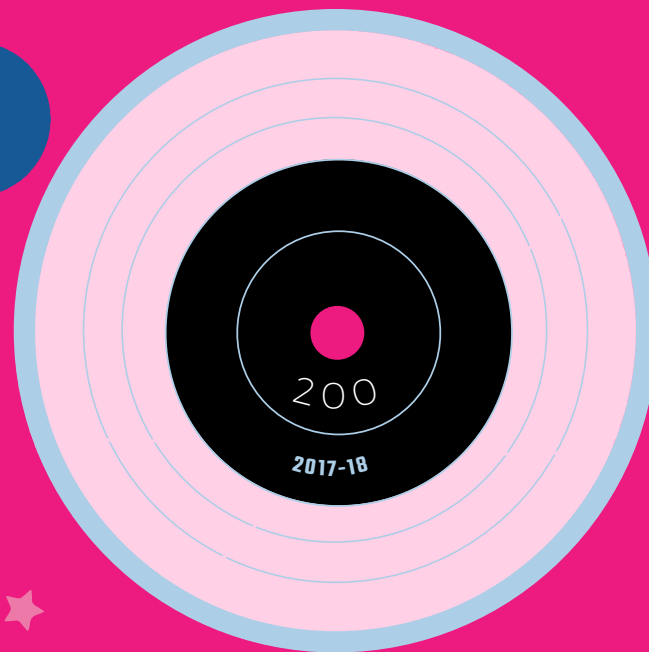
CATALYST provides GATE graduates and girls from families living in poverty with scholarship support and mentoring so they can continue their studies at the university level.



## GIRLS ACCESS TO EDUCATION

IN 2019, GATE SCHOLARSHIPS WILL INCREASE BY **400%**

50  
2017-18



GATE provides educational scholarships and mentoring to at-risk girls in Phnom Penh and Siem Reap, Cambodia.



# 1517

Girls served since 2007



# 35

2017-2018 GRADUATES

IN 2018, WE ENRICHED CATALYST OFFERINGS WITH ADDITIONAL WORKSHOPS RELATED TO

WOMEN'S HEALTH, BUDGETING, GENDER, GOAL SETTING, COMMUNICATION & CONFIDENCE, AND PREPARING FOR THE JOB MARKET.



# 199

Girls Served Since 2010\*

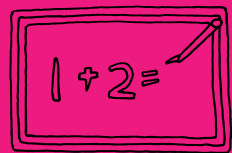
\*Includes precursor GATEWAYS program.

# 45

# 2018

# 35

Girls Served | Scholarships Given



# BUDDHA SMILES

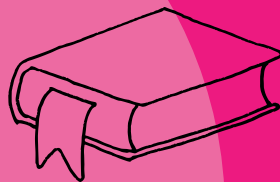
*Buddha Smiles* provides after school education and tutoring to children of illiterate laborer and ethnic tribal villages in Tamil Nadu, India.

To date, **4200** children have been served

## BUDDHA SMILES TO COLLEGE

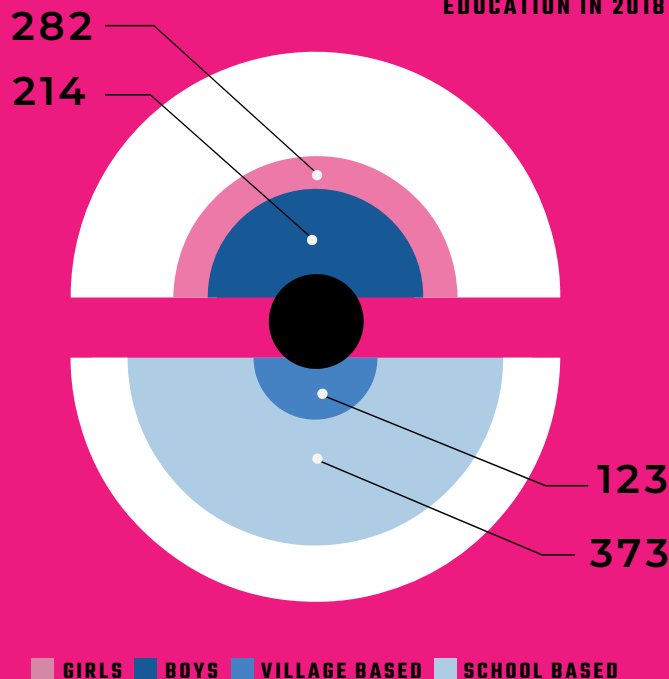


IN 2018, NINE SUPPORTED SCHOLARS DEMONSTRATED A **100% GRADUATION RATE!**



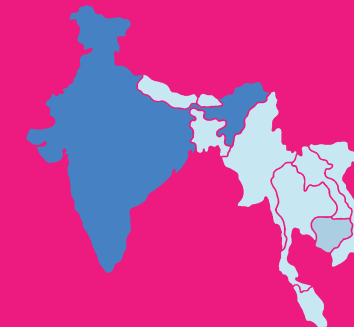
*Buddha Smiles To College* provides scholarship support to young women and men from illiterate laboring communities, including remote tribal villages in Tamil Nadu, India.

**496 CHILDREN**  
RECEIVED AFTER SCHOOL EDUCATION IN 2018



## EQU+

EDUCATION QUALITY PLUS PROGRAM



*EQU+* provides after school tutoring and childcare to children of migrant laborers and families living in poverty in New Delhi.

IN 2019, EQU+ IS EXPANDING TO SERVE **720 CHILDREN** IN **24** AFTER SCHOOL EDUCATION CENTERS. THAT'S A **2400%** INCREASE IN CHILDREN SERVED!

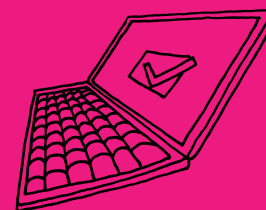
IN 2018, AFTER SCHOOL CARE WAS PROVIDED TO **30 CHILDREN**

## STEP

*Skills Training 4 Employment* provides women with six-month courses in tailoring by master tailors.

SKILLS TRAINING 4 EMPLOYMENT

IN 2018, 20 WOMEN WERE PROVIDED WITH TRAINING. 2019 WILL SEE A **400% INCREASE** AS WE WILL SERVE 80 WOMEN!



**CHANDA IS A 24-YEAR-OLD**

from one of the poorest provinces of Cambodia, Sonikum District of Siem Reap. Due to the circumstances surrounding her, she would have been forced to drop out of school after grade eight. But with the help of the Lotus Outreach GATE program, she was able to complete high school--something no one in her family had ever done before.

Although it was her dream to attend college after high school, she put the needs of her family first, opting to work to help support them. But Chanda never let go of her dream to go to college and of the ninety dollars she made each month working, thirty went to her family and the rest she put away for school.

Imagine Chanda's joy when she heard from a friend that Lotus Outreach offered university scholarship support for girls in need like her. After completing a social audit and interview with us, she was awarded a scholarship through CATALYST to study Khmer Literature at university. A chance at education has changed everything for this young woman. Chanda's dreams are coming true!

**GATE AND  
CATALYST  
SCHOLARSHIPS  
MAKE IT POSSIBLE  
FOR YOUNG  
WOMEN TO  
COMPLETE  
HIGH SCHOOL,  
UNIVERSITY AND  
SPECIALIZED  
PROGRAMS.**



**FOR PON DA**, a scholarship opened the door to continue pursuing education at a four-year IT college. Deciding to pay for the last two years of her schooling, she notes it's because of the high wages she is now earning at her job as an IT Network Specialist.

At the beginning of her studies Pon Da said it was sad and lonely.

*"The first time away from home you feel lonely. It's hard. But you learn to adjust, learn to live with and understand other people. You have to make the effort. You can't let fear keep you in the village, you have to move out and see the world."*

Coming from the very poor district of Sonikum in Siem Reap, what Pon Da has accomplished is almost unimaginable. What is more, when she completes her bachelor's degree, she plans to pursue an M.A. in Systems Administration! This is an astonishing outcome: for Pon Da, for her family, for Cambodia. And it wasn't easy. All her life Pon Da's parents traveled all over for work and she lived with her grandmother. Her grandmother was also a poor widow without resources. Life was hard.

*"Most of the village girls I grew up with work as labor on the farms of those who have migrated to Thailand," Pon Da shared. "I don't want that for the future generations. My country is still developing and it's important for me to be a role model for the girls in my village. I tell them, 'We are women, we need to study hard and to go out and find our way in the world. As a woman we know there are dangers. Whatever the case, when we are called on to go and study or work even at night, we have to think positive and do it anyway.'"*



**I AM KEERTHANA.** I belong to a landless agricultural labour community located in Mariammam Kovil Street, Kurumbapalayam, Nelvoy Post, Vellore, Tamil Nadu. I am the first person in my family to complete a high school education. I am looking for an opportunity to pursue my college education, provided I receive financial assistance. The circumstances surrounding my life is are extremely oppressive.

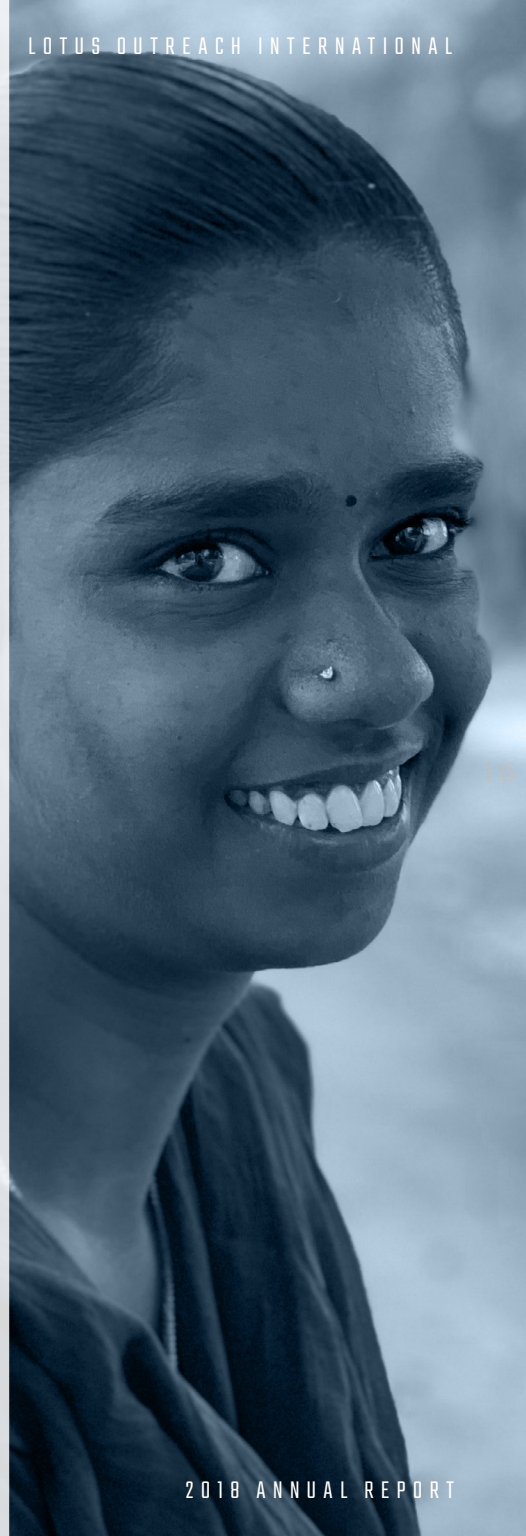
Education is the only means by which to improve my situation in such an exploitative environment; it remains the only opportunity for me to hope for a good life. It is the means by which I can pursue the goal of achieving my basic needs with dignity.

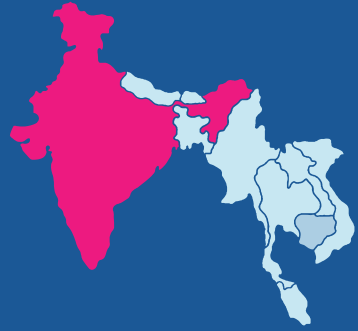
I am happy to learn about the good work of Lotus Outreach and the fellowship programs they offer for the indigenous rural poor through Garden of Peace and the Buddha Smiles program. I am desperately waiting for an opportunity to improve our living standards through good education. If Lotus Outreach will give me an opportunity to pursue my higher education through their fellowship program, I will pledge sincerity in my work and that I would earn them a good name.

I have been registered for DMRT (Diploma in Medical Radio Therapy) at ADDON Institute Of Medical Mission And Research Center, Vellore, Tamil Nadu. I wish to record that all information I've given is true to the best of my knowledge.

Thank you!  
Yours sincerely,

*Keerthana*





# ASHA

ASHA improves village health care in rural Rajasthan for women and children by training local health care workers, ensuring quality, and increasing access through education regarding vital health care rights and practices.



## VILLAGE HEALTH PROGRAMS



**+757%**

We began with 7 health centers in 2017 and expanded to serve 60 health workers in 18 villages in 2018

IN 2019, WE WILL EXPAND TO **300**

LOCAL HEALTH WORKERS IN **144 VILLAGES!**

Total **Vaccinations** completed **40**

**1900** Children Registered at Anganwadi health centers

An Anganwadi Center is a type of rural child care center in India. They were started by the Indian government in 1975 as part of the Integrated Child Development Services program to combat child hunger and malnutrition. Anganwadi means "courtyard shelter" in Indian languages.



Community Meetings held **42**

**1200** Average attendance

School **Hand Wash Days** held **10**

**40** Nutrition Days held

**900** Toilets constructed





Rice 4 Education provides monthly rice support to Cambodian families of GATE and CATALYST scholars with the purpose of helping keep girls and young women in school.

# RICE 4 EDUCATION



IN 2018, R4E PROVIDED **106,425 LBS** OF RICE TO NEARLY 500 INDIVIDUALS, INCLUDING 92 GATE HIGH SCHOOL STUDENTS AND 35 CATALYST SCHOLARS

# 1 MILLION

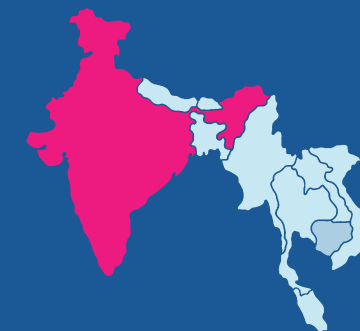
pounds of rice since 2007



# GARDEN OF PEACE

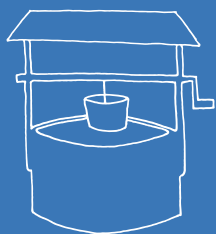
The *Garden of Peace* program supplies nutritious meals to Garden of Peace School, which exists to provide holistic education to the poorest village families in rural India.

Since 2015, **623** children have been served



**2070 LBS** OF VEGETABLES WERE GROWN AT THE SCHOOL IN 2018!

# GETTING WELL



*Getting Well* constructs water wells that serve entire villages in drought prone regions of rural Cambodia.

**74** wells since 2007  
people served since 2007:

2018      2019



# 10K

IN 2019, WE EXPECT A **275% INCREASE** IN INDIVIDUALS SERVED THROUGH OUR PUMP WELLS

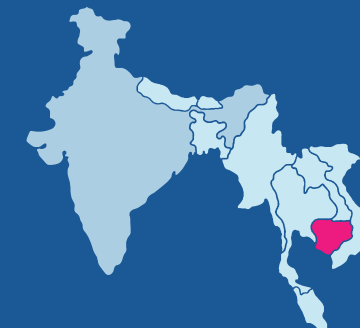


Rice or ragi porridge for breakfast



IN 2018, **174 CHILDREN** RECEIVED

Rice with vegetable sambar for lunch

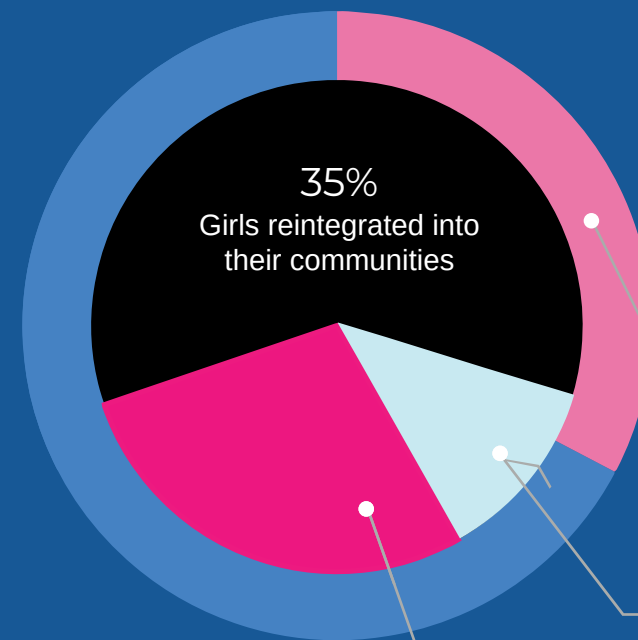
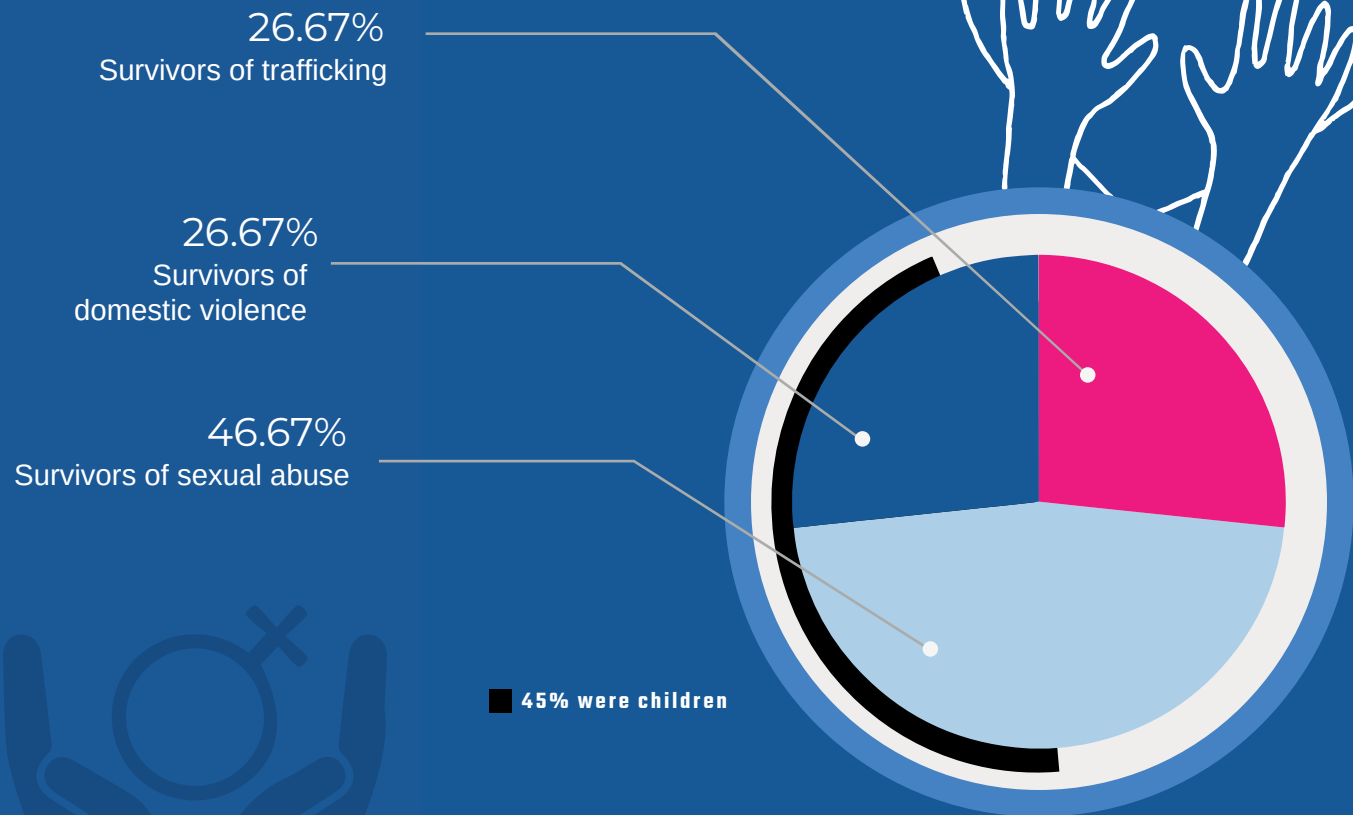


# CONSOLING THROUGH COUNSELING

**69** SURVIVORS SERVED IN SHELTER IN 2018!



CTC provides trauma therapy, social assistance, vocational training and small business grants to survivors of human trafficking, sexual abuse, and domestic violence (young women reside in a women's shelter in rural Cambodia).



**1278**  
Survivors served since 2005

35% Follow up visits with girls in their homes

10% Girls with internships

28% Girl participating in skill-training:





**LIFE FOR SUBSISTENCE**

farmers in poor countries is always hard—especially so for women. Women do much of the farm work: child-care, retrieving of wood and water. They do this work for no payment. If there is an illness in the family or a shortage of money for other reasons, girls are the first to drop out of school to help support their family's basic needs. In drought-stricken areas only one rain fed crop can be raised a year.

Women spend a lot of time carrying water and then have to buy it when the streams and ponds dry up. During drought season bacterial infections increase in these communities which results in lost days at work and medical costs, further depleting an already poverty-line income.

**CHUN NI:**

*"I was 20 when I first started carting water. My mother had aged and was too old to cart water, after which the job fell to me."*

33-year-old Chun Ni from Prey Chheur Neang Village, Baniev Commune, Chhouk District of Kampot in Cambodia has been carrying water on her shoulders nearly two miles, twice a day, for the last 13 years.

Ni has managed bathing and caring for two small children (ages seven and nine) all the while carting water for her family. "Before we had the well, water had to be conserved for drinking and cooking mainly as it was simply too hard to get to use beyond our fundamental needs."

But now thanks to a well installed by Lotus Outreach International and Lotus Outreach Cambodia, Ni has clean water at her doorstep! The well provides water for 20 families in the village. In total, over the last ten years, this program has installed 74 wells that currently serve approximately 1600 families.



When asked how she felt about this, she grinned big. Drawing her hands together in a bow of gratitude, her joy palpable, she said, "Thank you."

With access to clean water Chun Ni and her children can have clean baths and clothes every day. The health of her family and community will vastly improve. And, for the first time in 13 years, Ni and the young women in her village will be free from the relentless labor of carting water. She may even have some time to herself!

Providing this essential resource is a complete game-changer for communities on the poverty line, empowering them with a far greater quality of life, better health, and more possibilities to live happy and full lives!

GATE AND THE SUCCESS OF LOTUS OUTREACH IN THE EDUCATION SECTOR OVER THE LAST TEN YEARS INSPIRED US TO EXPAND OUR PROGRAMMING. NOW, IN ADDITION TO OUR WORK IN EDUCATION, WE ARE HELPING TO ADDRESS DEVASTATING GAPS IN HEALTHCARE INFRASTRUCTURE IN RAJASTHAN AND HARYANA, INDIA.

ACCREDITED SOCIAL HEALTH ACTIVIST (ASHA) IS PART OF THIS WORK. THROUGH ASHA WE EMPOWER COMMUNITIES TO TAKE A MORE ACTIVE ROLE IN THEIR HEALTH, WORK TO REDUCE UNNECESSARY ILLNESS AND MALNUTRITION, AND SEEK TO DIMINISH SUFFERING HOWEVER WE CAN. AFTER TWO YEARS, THIS SCALABLE PILOT PROGRAM IS ALREADY PROVING ITS VALUE. WE'VE SEEN SIGNIFICANT CHANGES IN RURAL HEALTH ADVOCACY, HEALTH WORKER TRAINING, AND COMMUNITY HEALTH TRANSFORMATION.

*"Things have changed a lot since Lotus Outreach began working in my village. There were many problems and frustrations we faced but now things are working very well. I am happy."*

*Some years back none of the parents were coming or bringing their children to our health center as we had no iron pills, no nutrition, and little idea how to build awareness about our services within the community. People were ignorant and never cared to consult us for health issues.*

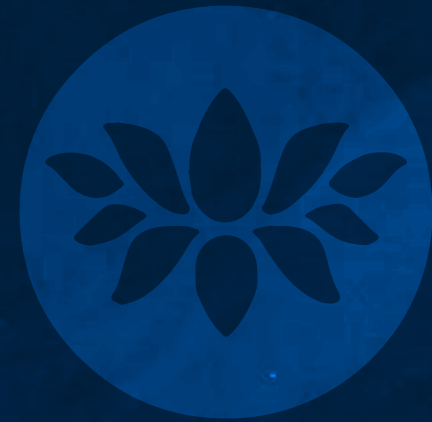
*After raising awareness about basic health services, the community is now demanding these services. Our health centers are getting regular supplies of nutrition for children and pregnant women, many families are using soap to wash hands, and most of the households have toilets at home. This is all very satisfying for me!*

*We have had a lot of health training since White Lotus started working in our village. We've learned we can provide solutions to problems like malnutrition, anemia in women, bacterial infections, and treat preventable diseases. Lotus Outreach has also provided our children's health centers with scales that help us identify malnourished children so we can make referrals to the main health center for treatment. What is more, we don't need skills or resources from outside our villages to accomplish this work.*

*The behavior and mindset of the community is changing. I remember the days when families refused to give polio drops to the children due to lack of trust in our minority community. Now there is a sharp increase in the numbers of children attending the health center, and pregnant women and children under five are coming in for vaccination."*

**BHAGWATI IS A 41-YEAR-OLD**

mother of three. She is a graduate of the twelfth grade, which is extremely rare in the district of Mewat, Haryana where she lives. Since 2011, she has served her community as a government-employed "ASHA", or Accredited Social Health Activist. Here she describes the positive changes in her village, thanks to the ASHA program:



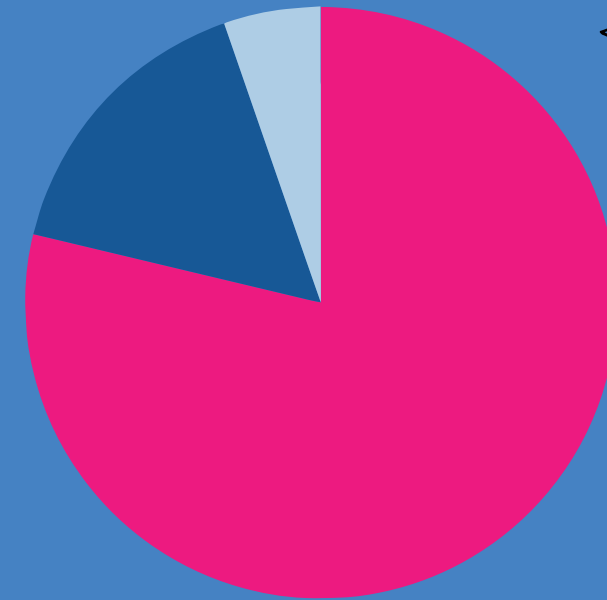
EDUCATION &  
TRAINING + CARE =  
EMPOWERMENT

# 2018 IN NUMBERS

For the year ended December, 31, 2018

REVENUE & SUPPORT	2018	2017	% +/-
CONTRIBUTIONS (individuals)	201,122	215,656	-6.74%
CONTRIBUTIONS (grants)	209,934	229,816	-8.65%
OTHER INCOME	4,668	5,835	-20.00%
<b>TOTAL REVENUE &amp; SUPPORT</b>	<b>415,724</b>	<b>451,307</b>	<b>-7.88%</b>
EXPENSES	2018	2017	% +/-
PROGRAM SERVICES	341,063	396,944	-14.08%
FUNDRAISING	74,705	59,893	+24.73%
GENERAL ADMINISTRATIVE	24,726	18,640	+32.65%
<b>TOTAL EXPENSES</b>	<b>440,494</b>	<b>475,477</b>	<b>-7.36%</b>
<b>NET INCOME (LOSS)</b>	<b>-24,770</b>	<b>-24,170</b>	<b>+2.48</b>

We're proud of our practical and cost-effective programs that deliver essential support to our beneficiaries.



**77.5%**  
of our expenditures go directly to our programs

PROGRAMS   FUNDRAISING   ADMINISTRATIVE



## CATALYST

**\$1500** AVERAGE COST PER GIRL, PER YEAR COVERING:



FOOD HOUSING UTILITIES CLASS FEES  
MONTHLY ALLOWANCE MENTORING  
WORKSHOPS COMMUNITY



## BLOSSOM BUS



**\$200** AVERAGE COST PER GIRL, PER YEAR

FOR ACCESS TO EDUCATION



**Thank you to all who  
make our work possible**

# OUR DONORS

## WHITE LOTUS \$20,000 - \$49,999

BUDDHIST GLOBAL RELIEF MATERIAL WORLD FOUNDATION	POO~POURRI IMPACT GIVING DOUGLAS A. CAMPBELL FOUNDATION	THE ANGUS LAWSON MEMORIAL TRUST GURU KRUPA FOUNDATION	GERMAINE A. HOSTON YU MING WANG VALERIE CHOU
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## BLUE LOTUS \$5,000-\$19,999

FRANCESCO MOMBELLI	PATTY WALTCHER	THEOW TOW	PEMA CHODRON FOUNDATION
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## BLOSSOMING LOTUS \$1K - \$4,999

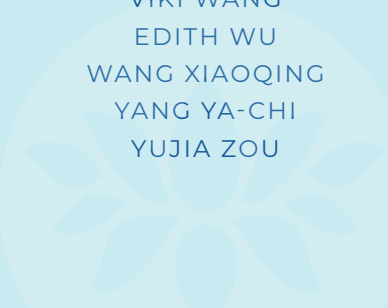
LAIRD LANDMANN CHRIS LOH ED MALLEY DANIELLE OKIN JAMES NELSON	ISAIAH & JESSE SERET MARLOW BROOKS PATTI LEWIS JEFF IRELAN	NANCY H. JOYCE PETER MALLETT JEREMY RHINEER PHOENIX BAO SILVANA MESSINA	RICHARD CHANG HENIA MIEDZINSKI FLORENCE KOH YE LIU NICHOLE MACDONALD KAPADIA FOUNDATION
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## LOTUS SEEDS \$100 - 999

LOS OLIVOS ROTARY CLUB CALIFORNIA RAYMOND JAMES CHARITABLE B4T9 WOMEN'S CYCLING TEAM CHOU'S FOUNDATION SAN FRANCISCO DAL SANTOS FLOOR WAXING WENDELIN W.	SCHAEFER LIVING TRUST GIVING ASSISTANT THEOW TOW LAIRD LANDMANN CHRIS LOH ED MALLEY DANIELLE OKIN JAMES NELSON ISAIAH & JESSE SERET	MARLOW BROOKS PATTI LEWISJEFF IRELAN NANCY HILLARD JOYCE TAIWAN DONORS PETER MALLETT JEREMY RHINEER PHOENIX BAO SILVANA MESSINA RICHARD CHANG HENIA MIEDZINSKI	FLORENCE KOH YE LIU NICHOLE MACDONALD XUN WANG INGE ZWITSERLOOD ELIZABETH HAWES ELIZABETH KRAINER TERESA KAM FLAVIA M. DEXHEIMER YU KEI CHENG CANGIOLI CHE
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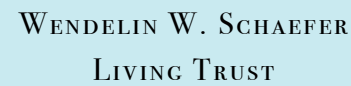
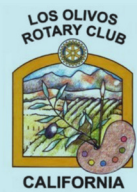
## LOTUS SEEDS \$100 - 999 Cont.

ROSEMARIE CHEN LIHSHIN KU RINCHEN LHAMO SARAH WILKINSON MICHAEL ARBENZ GINGER CHIH BRIAN R LESSING EMILY SCHARF NATHAN WILLIAM JUN XIE TESS EVANS LIANNE E. HUTTON LULU ZHOU WAYNE STITH JILL GASS SHIANG-JEAN CHEN LISA SHEN ELEANOR BRISTOL PATRICIA M LIPAJ EVA KIT I CHAN YEHMEI CHUANG WES COWLEY LUO JING LIU JINGHE JOHN SOLOMON PENELOPE TREE JANE TROMGE WANG TSAI JU LIN ZHONG HUA JING MARY BETH ARMSTRONG QIMIN FANG ANDREY LUZHANSKIY SUZY BATIZ	KATHERINE CHANG KRISTINE CHANG JUDITH DUGAN MARY FERRARIS FEI SHANG STEVEN SPLENDORIO FREDERICK & JULIANNA TUFTS SHARON CRAYTON PATRICE ROARTY KRITI SHARMA CHRISTOPHER & MOLLY BARNES SHANSHAN XIAO LAN YANG WENDELIN SCHAEFER DAVE ZWIEBACK ANDREZZA DE FARIA WALTER E. ANDERSON MICHAEL ARBENZ CHENG NIANHONG CHENG CATHERINE DALTON CHUANG-KAI HUANG JOHN C JENSEN ALVIN LEE DAVID MA CHEN ZHENG YUJIA ZOU ROD ATCHISON SHENG LIU MAY ADAMS DENG CHAO YU-JEN CHEN GAIL MALLETT	LUCIANA NOVAES GRETE HAMMER NING KONG ADAM KOCH AMOH HIDEAKI ANNE BURNS TAISON CHANG CAROL D. STAMATY ANGELA JANES BANG TRAN DEBRA WEINSTEIN JASON & ANNE BURNS SAMUEL ANDALUZ EAMON BARISONE PENNY PETERSON LIAO LISI ALL SENTIENT BEINGS HUI-MIN CHUNG NARISSA DOUMANI GAO MENG WILLIAM RIAL YOUNG WAN WAH JIAN JUN WANG YUANLING HU VALERIE LASSERRE ANDREA PUCCI XIYAN QIAN SHUAI-FAN WU GABRIELE MAASS CATHLIN ATCHISON SUSAN & JOHN BARISONE DONALD BUHLER LICHEN CHEN MIA CHEN	DARLENE COLMAR JUDY DUGAN LILLIAN FIRESIDE SOPHIE GORDON SUSAN GREANIAS KEITH HODGES TOM & CAROLYN HOUSTON THUY HUYNH NAN JIANG DEDE JOHAN JERRY KELLEY SUSAN KOPMAN ANNE-LIISA LARKS YI-TING LI DOROTHY & ATHONY MIGLIACCIO KATE MCCREERY KIMBERLY MYERS PETRA NICKEL PHILIPPA OVENDEN LYNN SCHNIDER MEIR STEINMETZ ERDAL TANSEY WILLIAM VANEIMEREN QUEENIE WANG VIKI WANG EDITH WU WANG XIAOQING YANG YA-CHI YUJIA ZOU
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# OUR FOUNDATION & CORPORATE SPONSORS



# LOCAL PARTNERS

Implementation partners are chosen based on the quality of our relationship, their professional credentials and reputation, and proven effectiveness.



## CAMBODIAN WOMEN'S CRISIS CENTER

Provides assistance to women and children who are victims of domestic violence, sexual abuse and trafficking.



## CAMBODIAN ORGANIZATION FOR CHILDREN AND DEVELOPMENT

Contributes to the empowerment of vulnerable women and girls through protection, prevention and advocacy in order to promote a peaceful, gender-equitable and compassionate society. The organization's vision is to assist women and girls in living in peace, security and dignity and enjoy their universal human rights.



## KAMPUCHEAN ACTION FOR PRIMARY EDUCATION

Aims to work with government, communities and other stakeholders to empower vulnerable children and youth to achieve their own right to a quality education through innovative approaches.



## PASSERELLES NUMÉRIQUES

Is dedicated to enabling highly disadvantaged youths access to educational, technical and vocational training, in the sector of Information Technology. PNC works to build strong employability which will allow them and their families to sustainably escape poverty, and contribute to the social and economic development of their country.



## GARDEN OF PEACE

A humble, grassroots initiative that aims to build a peaceful, nonviolent and just world through the Lotus Tutors program, a secular initiative that draws its inspiration from Gandhian philosophy of Sarvodaya which recognizes that moral, cultural, social, economic and political dimensions are all necessary components of holistic development.



## WHITE LOTUS CHARITABLE TRUST

A sister organization, White Lotus Trust works with socio-economically weaker sections of society with a special emphasis on women and children.



WE BELIEVE THAT CHANGE GROWS FASTEST FROM THE GROUND UP.



## SANTI SENA

Santi Sena alleviates poverty with a complex and all encompassing approach which involves cooperation with local initiatives and vulnerable communities. Their programs focus on reducing social violence, promoting human rights, empowering women, and natural resource conservation.



## KHEMARA

Promotes the capacity, confidence and wellbeing of communities through the sharing of information, education and counseling, including the encouragement of women and children to recognize their potential and rights to participate in decision making.



## LOTUS OUTREACH CAMBODIA

Serves as a liaison between Lotus Outreach's local partners and affiliates. LOCAM is responsible for a number of powerful flagship programs including CATALYST, Lotus Pedals and Rice 4 Education.

# INTERNATIONAL AFFILIATES

Lotus Outreach International is a global community that believes empowerment is the heart of sustainable change.

Our international affiliates are ambassadors and volunteers dedicated to our mission and programs.

We are proud to be working together in a virtual office bridging 14 time zones, reversing the cycle of poverty, to uplift and transform the lives of our beneficiaries.







**KHYENTSE NORBU**

**CHAIRMAN** \ Khyentse Norbu, also known in the Buddhist world as Dzongsar Khyentse Rinpoche, is trained as a philosophy teacher. He graduated from various schools in India and Europe. In addition to his formal education, Rinpoche has studied with some of the leading Tibetan Buddhist masters of the 20th century.

He is the head of the Dzongsar Monastery and Dzongsar College and is currently responsible for the care and education of approximately 1,600 monks in six monasteries and institutes in Asia.

Khyentse Norbu also oversees Siddhartha's Intent and contemporary teaching and practice centers on several continents, as well as the non-profit organizations Khyentse Foundation, 84000, and Lotus Outreach International. Rinpoche has authored several books on following the Buddhist path in the contemporary world.

Khyentse Norbu has directed several award-winning feature films including

The Cup, Travellers and Magicians, Vara: A Blessing, and Hema Hema.



**PATTY WALTCHER**

**PRESIDENT** \ Patty lives in Ojai, California with her husband, William Okin, and has served on the Board of Directors of Lotus Outreach International since 2004. She's chaired fundraising since 2006, served as Vice President from 2009, and was elected President in 2011. She has served on nonprofit boards for more than 20 years, including Siddhartha's Intent, the Ojai Music Festival, and Satdhama.

Patty has 25 years experience teaching Buddhist meditation, a masters in Buddhist Studies, and currently works in real estate.



**PENELOPE TREE**

**VICE PRESIDENT** \ Penelope was born in New York City, educated in the US and now lives in the UK. She has two children, Paloma and Michael, and joined Lotus Outreach as a board member in 2003. She is also the UK representative for Lotus Outreach International and the Khyentse Foundation.



**JULIE CHENDER**

**PRESIDENT, LOTUS OUTREACH CANADA** \ Julie grew up in Denver, Colorado and attended the University of Colorado and New York University. For the past eleven years Julie has been involved in ALIA (formerly the Shambhala Institute for Authentic Leadership), both in coordinating and hosting events. In addition, Julie has served for the last five years as Executive Chair of Planned Parenthood in Halifax, Nova Scotia.



**GERMAINE HOSTON**

**BOARD** \ A graduate of Princeton with a Ph.D. from Harvard, Germaine is professor of East Asian philosophy and development. An esteemed scholar and teacher, she has served on the boards of numerous nonprofit organizations, including the Asia Society. She is Chair of the Audit Committee and has served as a member of the Board since 2008.



**ANNA S. HARPER**

**VICE PRESIDENT, LOTUS OUTREACH AUSTRALIA** \ Anna, a New Zealander, began involvement with Lotus Outreach International in 2004 with a realization that girl's education was pivotal to changing a country's socio-economic status. She has an M.A. specializing in Chaos, Complexity and Creativity. Anna has worked with private and public organizations including the United Nations, where she develops future leaders for many of the agencies in the Asia Pacific region.



**ED MALLEY**

**TREASURER** \ Ed's professional career was in investment consulting and real estate. He earned his undergraduate degree in Finance from Santa Clara University and his MBA from American University. He has two grown children and teaches running. With previous board experience in both the public and private sectors, Ed has served on the board of Lotus Outreach International as its Treasurer since 2004.



**SEI CHUAN YAP**

**BOARD** \ Yap provides business advisory services to a wide range of companies and has many years of internal audit and risk management experience. He is a member of the Association of Chartered Certified Accountants (ACCA, UK) and Malaysian Institute of Accountants (MIA), as well as an active member of Losang Dragpa Center and Tzu Chi Foundation in Malaysia. He joined Lotus Outreach International in 2016 as a member of the Audit Committee.



**SARAH K.C. WILKINSON**

**BOARD** \ Sarah joined Lotus Outreach International in 2019 after many years of admiring its mission to empower at-risk women and children through education and training. She has an M.Div. in Buddhist Chaplaincy from University of the West, an M.A. in Secondary Mathematics Education from Columbia University, and a B.A. in Philosophy from Middlebury College. Sarah has worked and volunteered for several Buddhist organizations and served on several nonprofit boards, and now lives in Hong Kong with her husband and children.



**AGAM PATEL**

**BOARD** \ Agam Patel is the Associate Director at the University of California, Riverside - Palm Desert Center. He is fluent in English, Swahili and Hindi and has strong connections to India, Africa and the developing world. He was recruited as a volunteer in 2008, and has contributed to various committees within Lotus Outreach International, most notably serving on the Executive Committee for over five years.

# OUR BOARD

In 2002 Lotus Outreach was incorporated in California to create a U.S. center of infrastructure. Our affiliates are present in eight nations worldwide and our pro-bono international trustees have diverse backgrounds that span media, academia, human services and finance.

# OUR STAFF

Our staff draws on equally rich backgrounds. We have a healthy and productive working rapport across the United States, India, Australia and Cambodia.



**GLENN FAWCETT**

**EXECUTIVE DIRECTOR** | Glenn has undertaken post-graduate studies in Poverty Reduction in Policy and Practice at the London University School of Oriental and Asian Studies. An Australian native, he first joined Lotus Outreach out of New Delhi as a volunteer in 1995. He became it's Director of Operations in 1997 and has managed LO operations between India and Cambodia ever since. He loves spending time in the villages and communities we work in, has a strong sense of social justice and is drawn to create social development approaches that impact at scale and are replicable. He has now spent more than 20 years in the field designing and monitoring Lotus Outreach's village based programs.



**SURAJ KUMAR**

**PROJECT MANAGER** | Suraj began his work with Lotus Outreach International in 2006 with the Right to Education Task Force and LEARN Program. He became State Representative for the National Commission for Protection of Child Rights in Haryana, and achieved the transformation of 60+ schools in the state. Now he works towards transforming the health of thousands of mothers and children in Mewat, Rajasthan through our ASHA program.



**PISEY CHEA**

**PROJECT OFFICER** | Pisey has a B.A. in Biochemistry. In 2017 after two years of working with youth, she joined Lotus Outreach Cambodia as a CATALYST Project Officer. Pisey canvasses all sectors to find free and subsidized training, internship, and employment opportunities for our beneficiaries. She loves mentoring young women to help them overcome challenges in both education and life.



**ALEXANDRA LAND**

**COMMUNICATIONS MANAGER** | Alexandra has been with Lotus Outreach International since 2015. With a B.A. in Sociology and experience in the health field, she is motivated to create opportunities for those who need it most. Alex works to collaborate with the team, staying connected with the diverse International network. When not working, Alexandra is pursuing a nursing degree at Boise State University.



**RAKSMEI VAR**

**COUNTRY REPRESENTATIVE** | Raksmei completed her Master's Degree in Gender and Development Studies from Asia Institute of Technology in Thailand. She has been with Lotus Outreach since October 2007. Raksmei oversees day-to-day operations in Cambodia. She enjoys working with children and young Cambodian women to inspire and empower them to realize their full potential and dreams through education.

## Our 1000 Bikes Campaign Ambassadors



**TSERING HAUENSTEIN**

"I believe in the mission because, as a young woman,

I feel an obligation to do everything I can to help empower young women."



**KRISTI HUNDT**

"An empowered girl/woman looks like a confident person who believes

in her ability to reach her potential and give back to society."



**JON SAAFIELD**

**GRANTS MANAGER** | Jon is a graduate of Wesleyan University, where he attained a degree in international relations. Before joining LOI, he worked for four years as a marketer at two solar energy companies. His global perspective and professional communications experience help him to garner grant resources. He is honored to contribute to such meaningful and measurable change.



**GENEVIEVE WALTCHER**

**GRANTS AND GLOBAL GIVING** | A graduate of Barnard College, Columbia University and Sarah Lawrence College MFA, Genevieve is our Grants and Global Giving Manager. She is passionate about LO's meaningful approaches to creating change. A team member since 2017, she is also a writer and founded **The Pigeon's Heart** to host creative work.



**PUN LEU**

**ACCOUNTANT** | Pun Leu has a B.A. in Accounting. She joined Lotus Outreach Cambodia in 2018. Pun Leu is responsible for all accounting and administrative work on the ground in Cambodia.



**POOJA RAJA**

**STAFF** | Pooja has a master's degree in Social work, worked in the health sector for nine years with various agencies, government and NGO's as a Health Coordinator in the slums of Delhi on a project supported by Plan International. Joined White Lotus Trust in 2016 as a Coordinator. Pooja finds great satisfaction in sharing and educating at-risk women about community health and hygiene in remote villages of Rajasthan in India.

# You can make a difference. Here's how.

Make a Gift or Start a Ride

**GIVE NOW**



Or write **info@lotusoutreach.org** to connect your Company / Organization with Lotus Outreach

Click to get **News** and updates via email

**JOIN OUR MAILING LIST**

**1,000 Bikes:** Click to be an Ambassador or learn more!

**JOIN THE CAMPAIGN**

Visit **www.lotusoutreach.org** for More Info

# THANK YOU



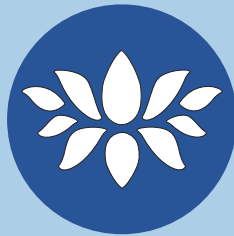
Note of thanks and looking ahead... This report clearly establishes 2018 as a very solid year for LOI in itself and in the context of more than a decade of community development. Already in 2019 and while this report was being written we have had some exciting new developments. Access to education has seen us doubling our Lotus Pedals budget and doubling the number of riders served by our Blossom Bus program. Our after school education program for children of migrant labor has spiraled upward beyond our imagining from a pilot of thirty children served in 2018 to some 720 in 2019 and growing!

Our village based community health program provided training for 82 first line health workers in 30 health centres in 2018 and will train more than 300 in 2019! We have also doubled the number of wells completed in one year from 6 to 12 leaving us only 14 wells to reach our goal of 100 Wells in 2020! We are deeply indebted to all and everyone that has made all this

possible and take this opportunity to extend our sincere thanks and a depth of gratitude to our donors, voluntary fundraisers and local partners in the field for their kind generous and continued support. This global network of support is crucial to the continuing success of our efforts toward creating empowerment in some of the most under-served and marginalized communities in the world.

Thank you from the bottom of our hearts!!





lotus outreach  
INTERNATIONAL



CLICK THE BUTTONS ABOVE TO GET IN TOUCH!